


Lunch Menu

Commack Elementary Schools


June 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM


Monday


3 Egg and Cheese Sandwich 
Sweet Corn
Cucumber Coins
Papaya
Fresh Strawberries

National Egg Day




Tuesday

4 Grilled Cheese Sandwich 
Green Beans
Fresh Baby Carrots
Fresh Blackberries
Fresh Green Grapes





Wednesday

5 Fluffy Whole Grain Waffles 
With Light Mozzarella Cheese Stick
Roasted Butternut Squash
Green Pepper Slices
Dragon Fruit
Strawberry Cup



Thursday

6 Homemade Baked Pasta with Cheese 

Baked Beans
Fresh Baby Carrots
Fresh Blueberries
Watermelon Slices

IT'S STUDENT APPRECIATION DAY

Friday

7 Classic Cheese Pizza 

Steamed Zucchini
Side Garden Salad
Starfruit
Guava

FUN FRIDAY!





10 Pizza Bagel 


Sweet Corn
Cucumber Coins
Guava
Fresh Peach



LUCKY TRAY DAY!



11 Grilled Cheese Sandwich 
Green Beans
Fresh Baby Carrots
Fresh Blackberries
Watermelon Slices



12 Fluffy Whole Grain Pancakes 
With Light Mozzarella Cheese Stick
Roasted Butternut Squash
Green Pepper Slices
Fresh Melon Cup
Fresh Strawberries

Find the sticker on the bottom of the milk and receive a free smart snack

13 Classic Cheese Pizza 

Baked Beans
Crispy Potato Puffs
Orange and Pineapple Cup
Papaya



14 Homemade Waffles 

Sausage Patty
Steamed Carrots
Side Garden Salad
Fresh Blueberries
Dragon Fruit

Guest Chef

FUN FRIDAY!

17 Cheesy Stuffed Bread Sticks 
With Marinara Sauce
Dip
Sweet Corn
Cucumber Coins
Mango Cup
Guava







18 Fluffy Whole Grain Pancakes 
Light Mozzarella Cheese Stick
Steamed Broccoli
Fresh Baby Carrots
Pineapple
Dragon Fruit



SCHOOL CLOSED TODAY

20 Crispy Popcorn Chicken
With Whole Wheat Dinner Roll
Baked Beans
Crispy Potato Puffs
Strawberries
Papaya



21 Classic Cheese Pizza 

Steamed Carrots
Side Garden Salad
Starfruit
Applesauce

FUN FRIDAY!

Half Day No Lunch Served

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LAST DAY OF SCHOOL

Summer Fun and Summer Meals! Kids and Teens Eat Free!

Find Summer Meals:

Text "Food" to 304-304
Visit SummerMealsNY.org
Call 211 or 311 (in NYC)
or 1-866-3-HUNGRY



HAVE A GREAT SUMMER!

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.






**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office
631-912-2172
Reimbursable Lunch \$2.95
Reduced Lunch \$0
Milk \$.75

PLEASE REPORT ALL ALLERGIES TO THE SCHOOL NURSE. Allergy info is updated in our schools system through the Nurse's Office only

 Vegetarian  Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients

Lunch includes protein, grain, vegetable, fruit and milk choice:
FF chocolate, FF white or 1% white.

AVAILABLE DAILY:

Popcorn Chicken, PBJ Sandwich, Turkey Sandwich, Cheese Sandwich, Bagel w/cheesestick, Cereal Lunch. Fruity Parfait offered on Wednesdays.